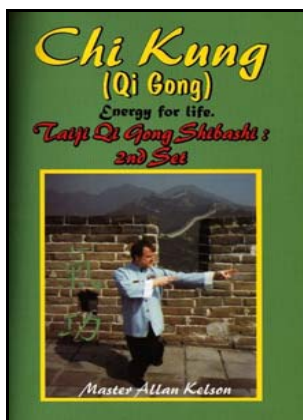


Advanced Sets in Term 4 - 2026



Textbook or E-book (pdf) \$11



Year of the Horse 2026

Chi Kung 2nd Set - S1

Chi Kung students who have completed the 1st Chi Kung Shibashi set and Chi Kung students who have previously learnt this set and want to revise

Adelaide 6.15pm & North Adelaide 9.45am



Chi Kung 2nd Set on the Great Wall of China

Chi Kung



DVD & Textbook
\$25

Filmed in China 1998



Usb - \$25
includes Mp4 video & book pdf



Instructors David & Jamie teaching **SKF - Jin Gang Quan (JGQ) Set**
Photo: Adelaide students in 2016.

Term 4 - 2026

SKF- JGQ was originally designed for the older Monks in the **Shaolin Temple** and is suitable for our current & previous students who have completed Yang 24 or in the process of learning Tai Chi at the 7.15pm class. Student who have previously learnt this set can revise.
Starts at 8.10pm on 13th October.

Classes conducted in Term 2

Tai Chi – 8



Training at: Beijing Sports University China in 2002

Conducted Adelaide T2



Dao Yin

Conducted at Adelaide & North Adelaide (am)

太極



氣功

Celebrating 41 years in SA

Newsletter & Schedule for Term 4 - 2026

www.taichi.com.au

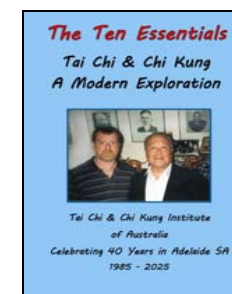
We hope you have enjoyed learning the **Chi Kung** relaxation exercises or the more challenging exercises of **Tai Chi** this term.
Thank you for joining us in our 41st year in SA

Classes starting in Term 4

Term 4 - 2026 (7 week term) starts again at

Adelaide: Tuesday 13th Oct (Tai Chi & Chi Kung)

North Adelaide: Friday 16th October at 9.45am. – (Chi Kung Only)



2025 History - Instructors and our 40th Anniversary in SA Photo book
Allan & instructors were happy and proud to have promoted and taught Tai Chi & Chi Kung (Qi Gong, Dao Yin) & Shaolin SKF in Adelaide, suburbs and regional cities and towns in SA, and over 11,000 children in schools. plus dozens of Corporate, Conferences and community events, TV and radio. Allan has also taught in Sydney, Tamworth, Brisbane Sweden, Norway, Poland & China.

You can learn more about our history in this limited colour edition book - \$15

NOTE: Term 3 - N/A in Winter - Enjoy your practice and keep warm.

Advanced Booking Discount for next term

Remember to book for term 4 before the end of this term.
You get a substantial discount and we can plan our classes.

Note: Next New Beginners classes will start again in Term 4.

“ **Have a Try on our week 1**” at Adelaide (pm) & North Adelaide (9.45am)
We already have interested New students waiting to start.

Contact Us: The office / phone is no longer available (outgoing message only)
Best Contact Method please send an email: classes@taichi.com.au

We encourage improvement in your skill by offering discounted classes for those who would like to revise what you have already learnt.

There's no need to hurry on through the sets, unless you are ready.

“Quality is more important than quantity,”

However learning something new can also be challenging & fun.

Tai Chi & Chi Kung Institute

G.P.O. Box 66, Adelaide, SA, 5001

www.taichi.com.au

Email : classes@taichi.com.au



Courses being offered for current & previous students. (Minimum numbers apply)

41 Years in SA

Book Now for Term 4 - 2026

Venue & Instructors	Venue Address	Day	Start Time (45 mins)	Set Taught	Section Taught	Starting date Week 1	Last Lesson of Term 4 Week 7
WAYVILLE Adelaide (Tue) Allan AnnMarie, David, Lorraine Assisted by: Ann & Mark	Latvian Hall 4 Clark Street Cnr Rose Tce (off Greenhill Rd)	Tue	6.15pm 6.15pm 7.15pm 8.10pm	Chi Kung (1st set) Blue book (2 Terms) Chi Kung (2nd set) Green book (2 Terms) Tai Chi (24) (3 Terms) SKF – (3 Terms) Jin Gang Quan Diamond Set	Section 1,2 Section 1 Advanced Set Section 1,2 3 Section 1 Advanced Set	13th Oct	24th Nov
North Adelaide (Fri am) Allan, Heather Helen, Jennifer	Estonian Hall 200 Jeffcott St (Cnr Childers St)	Fri (am)	9..45am 9..45am	Chi Kung (1st set) Blue book Chi Kung (2nd set) Green book (2 Terms)	Section 1 Section 1	16th Oct	28 th Nov

Course Fees for Term 4, 2026 Early Booking Discounts

Please note:

Advance booking discount may not apply in the event of small classes.
Class fees are based on a minimum class size and Hall rental fees.

		Advanced booking Discounts When Paid in Weeks 5,6 & 7 of Term 2 at class	Advanced booking Discounts When emailed (Include phone) By 30th Sept	Full Fee When enrolling on week 1 or 2 At the door If vacancies are available
Standard	Individual enrollment for 6 / 7 week course (includes Advanced & Refinement classes)	\$99	\$110	\$121 pp
Concession	Concession available for government card holders (pensioner, full-time student, unemployed & "Seniors Card")	\$77	\$88	\$99 pp
Revision or Extra Course	Improve your knowledge by repeating a section which you've already completed. <i>or</i> MULTI-CLASS DISCOUNT (where vacancies exist)	\$66	\$77	\$88 pp
Family / couple Special offer Beginner sets only Sections 2 or 3	Family members discount is now offered to help families who live together, & continue together When continuing with your learning in the Beginner Sets Chi Kung 1st Set or Tai Chi (24) Set	2 for \$154 = Concession price above	2 for \$176 = Concession price above	2 for \$198 = Concession price above
Family / couple Advanced Sets & Refinement	Advanced Sets in : Chi Kung & Tai Chi, Advanced Sets, SKF etc Note: Minimum numbers are required to conduct Advanced classes	2 for \$154 = Concession price above	2 for \$176 = Concession price above	2 for \$198

Credit Cards: VISA & Mastercard & Amex only - CC Surcharge = 1.9% at class (by phone 2.1%) – or cash - **NO Cheques**

* **CLASS NUMBERS:** Minimum Number of students required to conduct a class is 10.

(Classes may be **combined** so as not to cancel classes.)

New Advanced sets taking more than one term to complete minimum number 15 - 20 students required.

Advanced Courses IF UNDER 10 STUDENTS – No Discounts Available – OTHERWISE THE CLASS MAY BE CANCELLED.

The Institute reserves the right to cancel / suspend any class with insufficient numbers to cover costs.

In the event that a class is to be cancelled – every effort will be made to find another class for you,

OR transfer course fees to the next term, by mutual arrangement.

Cancellation by student: If made 1 week or more prior to the course commencement - 50% Refund + Admin fee. Or 50% after week 1

FEES: NO REFUNDS After the commencement of the course, unless the Institute cancels the class. **Transfer is possible.**

COURSES: Are NOT TRANSFERABLE to another person after the commencement of the term.

MISSED LESSONS: are NOT TRANSFERABLE to other terms except by early mutual arrangement by email.

If joining on **Week 1 or 2** please check the website: www.taichi.com.au for any changes.
as some classes and times may change due to enrolments:

NOTE: NO classes in Winter Term 3

Advanced planning :Term 1 - 2027: **week 1** starts: WAYVILLE & North Adelaide – Tues 2nd Feb & Friday 5th Feb 2027

Finishing week 7 : WAYVILLE / Adelaide CBD - Tues 16th March & North Adelaide Friday 19th March 2027

Correspondence by Email or FB Messenger Only (include a phone number) - classes@taichi.com.au

Updated for 22nd May 2026